

IS THE WELLNESS JOURNEY RIGHT FOR YOU?

This membership is designed for clients who:

- Want medically supervised weight loss
- Are considering BHRT for hormone balance
- Are exploring peptide therapy
- Prefer structured care with provider oversight
- Value accountability and measurable results

This is not a quick fix.

Results vary. Consistency matters.

This is a guided wellness partnership.

HOW IT WORKS

1 Enroll in the membership and complete baseline fasting labs. Stop in for a lab order or call us to review which recent labs may be accepted. Labs must be within the last 4 weeks.

2 Review + Personalized Plan

Once labs are reviewed, we'll schedule your NP follow-up visit for \$75.

Your provider will review your labs, discuss your goals, and create a personalized wellness plan.

Medication is self-pay and pricing varies by plan.

3 Follow Up + Stay on Track

Structured follow-ups help monitor progress, make adjustments, and keep you supported along the way.

Have questions first?

Schedule a Wellness Office Visit for \$150 before enrolling.

10% off spa services and retail

(excludes medications, office visits, and lab fees)

WELLNESS JOURNEY MEMBERSHIP

*Medically Guided
Weight Loss &
Hormone
Optimization*

Structured. Accountable.
Sustainable.



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Annual Enrollment \$250

Enrollment auto-renews annually unless canceled in writing 30 days prior to renewal.

WHAT YOUR MEMBERSHIP INCLUDES

- Monthly InBody Scan for progress tracking
- Discounted lab work
- Medication shipped to your home or available for pickup
- \$75 office visits
- 10% off additional spa services and retail

Designed to support real, measurable results.

ENHANCE YOUR RESULTS

- IV Therapy for hydration and recovery.
- Exclusive pricing on injectables and aesthetic treatments

WEIGHT LOSS MANAGEMENT

Active Members Must:

- Meet with our Nurse Practitioner **every 6 weeks**
- Complete required InBody scans
- Maintain compliance for medication refills

Missed 6-week check-ins will render membership inactive.

Reactivation requires:

- \$90 reactivation fee
- Office visit + InBody
- Updated labs if required

This ensures safe, medically supervised progress.

Ask our team how to combine medical wellness with aesthetic care for optimal results.

BHRT & PEPTIDE THERAPY

Members receive:

- Initial evaluation visit (\$75)
- Required lab work (self-paid)
- 6-week follow-up for dose adjustment
- Ongoing visits as recommended

All programs are customized and medically supervised.

WHO BENEFITS FROM BHRT & PEPTIDE THERAPY?

This program may be ideal for individuals experiencing:

- Fatigue or low energy
- Brain fog or difficulty concentrating
- Mood changes or irritability
- Weight gain resistant to diet and exercise
- Low libido
- Perimenopause or menopause symptoms